







Welcome to

Cassana Performance Academy

Your guide to life at CPA

Bringing the art of performance to the next generation!

A warm welcome!

From our CPA family to yours







Dear Parents and Carers,

Welcome to Cassana Performance Academy! We are so pleased that you have chosen CPA for your child, and we can't wait to see them grow in confidence, make friends and shine on stage.

We are a local, family-run and family-centred academy. Every child is an individual, and we believe they deserve a happy, educational experience that builds self-belief through music, dance and performance.

This booklet covers everything you need to know to get started: our classes, our team, our studios, key dates and how things work. If anything isn't covered, just get in touch. I look after every parent enquiry personally!

Warm wishes,

Cassana

Founder & Principal

Academy Ethos

At Cassana Performance Academy we believe in encouraging self-belief and confidence through music, dance & performance. We understand that every child is an individual and that they deserve a happy yet educational experience in our classes, allowing them to strive towards their future goals whilst building friendships along the way.

Performing arts, done properly

Established for more than

10 years

offering a range of classes.

We teach over

120

students every week

We provide classes for

3 to 18

year olds.

Why families choose CPA

High-standard training from a young age, with a multi-year pathway from beginner to advanced.

Qualified and trusted: our teachers are qualified in their relevant disciplines and DBS checked.

Safe, supportive classes: classes aren't overcrowded, with a teacher and an assistant for our youngest classes.

Fantastic facilities: including a welcoming in-house café.

A real community: shows, workshops, holiday camps and friendships that last a lifetime.



Our classes

Something for every performer

Musical Theatre

BBO Syllabus mostly based in MT dance, with optional exams. Students can also take part in our full musical every other year.

Tap

We follow the ISTD syllabus and students can take part in shows and performances as well. Exams are optional.

Acro Dance

We follow the BBO Acro dancer syllabus and have launched a new Acro programme for advanced students too.

Commercial Dance

High-energy choreography based classes full of energy & fun. Students can perform in dance showcase every other year.

Lyrical

Storytelling and musicality, blending ballet technique with the freedom of performance from Musical Theatre.

Aerial Hoop

Aerial hoop brings together strength & elegance as students master this inspiring art form.

Music Lessons

We provide a range of music lessons including Singing, Piano, Bass Guitar, Acoustic Guitar, Violin & Music Theory.

LAMDA Lessons

Following the LAMDA syllabus, students can work and grow their acting skills, further supporting the performing arts.

Additional information

For Acro & Aerial classes, students must take either Musical Theatre or Ballet. For Lyrical classes, students must take both Musical Theatre & Ballet.



Ballet, Jazz & Contemporary

We work in partnership with Georgina Pay School of Dance, giving CPA students access to high-quality Ballet, Jazz and Contemporary classes.

Shared Training Policy

Commitment to excellent training and safety

At CPA, we don't permit shared training. This means students enrolled in our classes should not train in the same disciplines we offer, with another school, company or coach at the same time unless this is an appropriate pre-approved scheme that we've discussed with you. The only other school we do work with collaboratively is Georgina Pay School of Dance.

Why we have this policy

- **Safety:** Our training is progressive and carefully planned. We're responsible for each student's technique, strength and conditioning, and we can only do that safely when we know exactly what they're doing.
- **Consistency:** Different schools use different methods, and mixing them can confuse technique, slow progress and increase the risk of injury, particularly in growing bodies.
- **Commitment:** We invest a great deal in every student, from performance opportunities to personal guidance. We ask for the same commitment in return. Mutual respect and teamwork are important parts of this industry.

What this means in practice

- Students should not take classes, private lessons or coaching in dance, music or acro away from CPA while enrolled with us unless agreed.
- If you're unsure whether an activity counts (for example, a one-off workshop or a different discipline), please ask us first. We're always happy to talk it through and work with you on what supports your child's training.
- If a student wants more training, we'd love to help. Please speak to us about extra sessions or private tuition with us.
- If a family chooses to train elsewhere and this has not been approved or agreed, we reserve the right to release their place at CPA.

We thank you for understanding and for helping us keep every student safe, supported and progressing in the way that's best for them.

Meet the team

Friendly, qualified and passionate

Below you can see who's on our team. On occasions we may have additional cover teachers but they all meet our high standards of training and experience.



Cassana

Director, Dance, Acro, MT & Singing Teacher



Steven

Director and Stage Manager



Bella

Dance, Acro & MT teacher.



Beki

Aerial Hoop & Singing Teacher



Tom

Dance & Musical Theatre teacher



Felicity

Dance & Musical Theatre teacher



Leonardo

Acoustic & Bass Guitar teacher



Catherine

Piano, Violin & Music Theory teacher.



Cassidy

LAMDA & Musical Theatre teacher



Taela

Dance & MT cover teacher



Sophie

Dance & MT cover teacher



Amy

Aerial Hoop cover teacher



Sienna

Teaching Assistant



Erin

Teaching Assistant



Brianna

Teaching Assistant

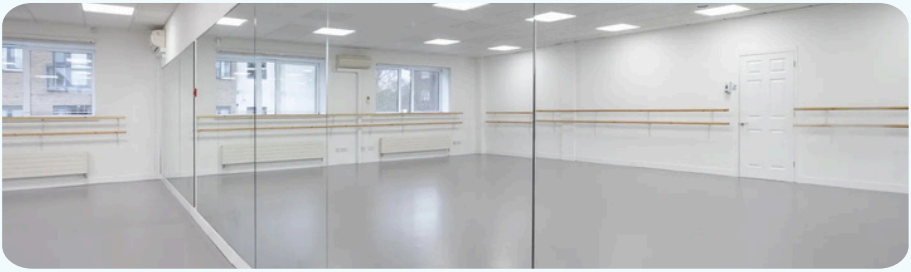


Elizabeth

Teaching Assistant

Our studios

Your child's home for performing arts



CPA is fortunate to call CMG Arts our home. Our bright, airy studios are filled with natural light, and each one is equipped with professional mirrors, barres and premium LeMark dance floors, for safe, high-quality training.

CMG Arts is the name of our studio home and the umbrella for uniform, trips and the competition team which CPA students are eligible for.

Find us

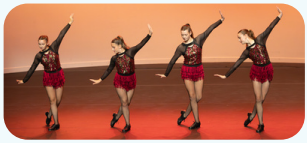
Cassana Performance Academy
CMG Arts Ltd, Unit 7
Crane Mead Business Park
Ware, Hertfordshire SG12 9PZ





The Music Café UK

The in-house **café** and comfortable **waiting area** mean parents and carers can relax while their children enjoy their classes. This hub is the place to be and provides a lovely area to relax and socialise.
Please note that we are a ***NUT-FREE*** site and only food purchased in the café may be consumed in the café area.


Key dates 2026-27

AUTUMN TERM

Sat 5 Sep	Autumn term begins
Sun 18 Oct - Sun 1 Nov	October half term
Sun 6 Dec	Music & Drama showcase, CMG Arts
Sat 12 Dec	Last day before the Christmas break

SPRING TERM

Mon 4 Jan	Spring term begins
Sun 14 - Sun 22 Feb	February half term
Thu 25 Mar	Last day before the Easter break

SUMMER TERM

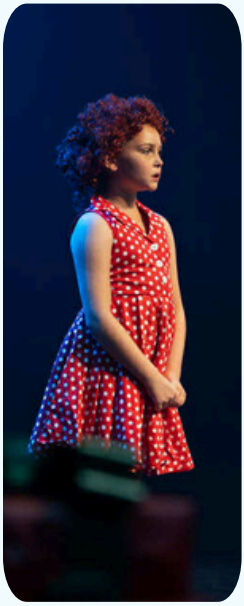
Sat 10 Apr	Summer term begins
Mon 3 May	No classes (bank holiday)
Sun 30 May - Sun 6 Jun	Summer half term
Sat 19 Jun	Summer show dress rehearsals
Thu 15 Jul	Last day before summer show & end of term
Fri 16 Jul	Summer show dress rehearsals
Sat 17 & Sun 18 Jul	Junior & Senior shows, The Sandpit Theatre

SUMMER HOLIDAYS

Sun 25 Jul to Sun 1 Aug	Youth Theatre Company, High School Musical
Tue 3 - Sat 7 Aug	Junior Summer School, Frozen

Shows & holiday events

Where the magic happens



SHOWTIME

We alternate between a full **Musical** one year and a **Dance Showcase** the next. We also put on a dedicated **Acro & Aerial** showcase every two years. We usually use either The Sandpit Theatre, Campus West Theatre, The Spotlight Theatre or Heath Mount School for slightly smaller scale shows. We also run an annual **Music & Drama** showcase at Christmas each year.

YOUTH THEATRE COMPANY & SUMMER SCHOOL

Our YTC is for students in year 5 upwards and runs over 8 days, culminating in 3 spectacular shows. Our junior Summer School runs over 5 days with 2 shows at the end of the week and is suitable for students in year 1 to year 7 at school.









How things work

Booking, policies and keeping safe

Booking & payments

Classes are booked and managed through our online portal, ClassManager. New families, once you've been in touch and had your trial, we book everything in and organise your invoicing. Class fees are monthly, due on the 1st of each month. We calculate the number of weeks we run classes and divide this equally over 12 months.

Missed classes & refunds

If your child misses a class due to illness or other plans we can't offer a refund, but they're welcome to attend another class if there is space. If **we** cancel a class, you will receive a direct refund or credit. Direct refunds to your bank account will be issued on the 1st of the following month.

Safeguarding & compliance

All teachers are DBS checked and there is always more than one trained first aider in the building as well. All of our teachers hold the relevant insurance for their specialties. We maintain a suitable adult-to-child ratio and our assistant teachers have been trained by us and are an asset to our busier classes.

Building safety & coded-door entry

Every term, you will be sent a welcome back email that contains an updated door code for entry to the studios. This must NOT be shared outside the CPA Community.

Class Prices

Prices quoted below are based on the academic year 2026 to 2027 and include VAT. Prices are calculated based on 36 weeks of lessons divided by 12 monthly payments. Your payments may differ depending on when you join us, how many weeks of classes are left and how many months remain in the academic year. Prices quoted do not include any relevant discounts that may be applicable such as sibling or multi-class discounts.

Group Class Fees	*Aerial Hoop Fees*	*1-2-1 Music Lesson*
30 min - £27 p/m 45 min - £36 p/m 60 min - £45 p/m	45 min - £45 p/m 60 min - £54 p/m	30 min - £78 p/m 45 min - £114 p/m

Uniform

Maintaining standards



PRE-SCHOOL & RECEPTION

Girls' uniform:

- Lilac, pink or blue tutu leotard
- White convertible tights or dance socks
- White satin ballet shoes (& white tap shoes for tap class)
- White crossover cardigan
- Matching hair flowers



YEAR 1 & 2

Girls' uniform:

- Pink or purple skirted leotard
- White convertible tights or dance socks
- White satin ballet shoes (& white tap shoes for tap class)
- White crossover cardigan
- Matching hair flowers



PRE-SCHOOL TO YEAR 2

Boys' uniform:

- Pale blue CMG Arts t-shirt
- Navy shorts
- White socks & white canvas ballet shoes
- White CMG Hoodie



YEAR 3 UPWARDS

Girls' uniform:

- Pale blue leotard
- Pale blue & black shorts
- Pale blue & black leggings (for Aerial only)
- Pink ballet tights & shoes OR
- Skin tone ballet tights & shoes
- Black tap shoes (for Tap class only)
- Blue & white hair flowers
- Long blue skirt (lyrical only)

Uniform

Maintaining standards



Year 3 Upwards

Boys' uniform:

- Blue fitted uniform t-shirt
- Black logo joggers
- Black jazz shoes & black socks
- Black tap shoes (for tap only)
- Option of fitted pale blue shorts or leggings

All of our main uniform items are available to purchase at reception and logo items are available to purchase online directly from our supplier. You can find the link to order under the uniform tab at www.cmgarts.com

Optional Extra Items





LOGO EXTRAS

These items are optional. If you do not want to purchase these items, your child should wear a warm-up layer that matches our uniform, ideally plain black. These logo items are ordered directly from our supplier and straight to your home. Please visit the uniform page on the CMG Arts website

- Black CMG t-shirt
- Black CMG crop t-shirt
- Black CMG joggers
- Black ¼ zip jumper
- Grey CMG onesie
- Black CMG onesie
- Grey CMG backpack
- Black CMG backpack
- Black CMG sliders

Wearing uniform helps everyone feel part of the CPA family, and arriving prepared means class can start with smiles, not scrambles!

Trips & Experiences

Incredible experiences, even more magical memories





In February 2026, a group of students took part in the first CMG Arts Disneyland Paris Performing Arts trip. This was an incredible experience and something that will now be available to students aged 10 and above every two years.

The next trip is being planned for February 2028 and we cannot recommend it more highly. Not only do students get to perform for 20 minutes on an actual Disney stage but they also get to take part in the pre-parade, which is incredibly magical!





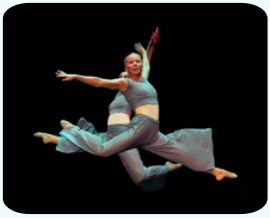


CMG Arts Team

Competing, performing and growing together

The CMG Arts competition team is open to students who take classes with both Cassana Performance Academy and Georgina Pay School of Dance. Students must train in both Musical Theatre and Ballet as a minimum.

Auditions for the team are held annually, usually around May or June ahead of the new academic year starting in September.







Important Details

Email	cassanaacademy@gmail.com
Phone	07910 069180
Web	www.cassanaperformanceacademy.com
Where	Unit 7 Crane Mead Business Park, Ware SG12 9PZ
Follow	Instagram: @cassanaperformanceacademy
Banking	Name: Cassana Performance Academy Ltd Account Number: 15176881 Sort Code: 60-83-71 Reference: Your child's name/family name

Log in to your parent portal HERE

WhatsApp Broadcast Group

We know that keeping up with lots of emails and information can sometimes be overwhelming, so we have a WhatsApp broadcast group to send you notifications of important details or emails. You need to save the mobile number above to your phone and then email us to confirm you wish to be added to the broadcast group. No other members of the broadcast group can see your number.

Cancelling classes

If you wish to cancel classes at any stage, we require a 1 month notice period in writing to cassanaacademy@gmail.com

Welcome to the CPA family!